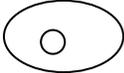
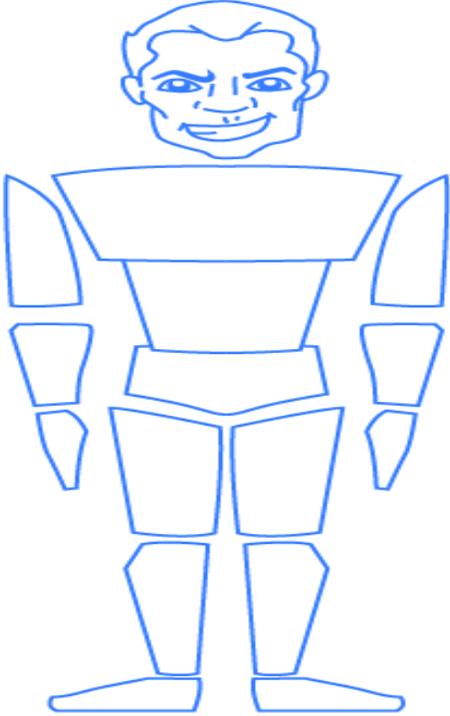


# Part 3 Cancer, Anti-Tobacco

Name: \_\_\_\_\_

## Part 3 Lesson 1 Skin Cancer

Cancer is: Uncontrolled, unregulated cell \_\_\_\_\_ and \_\_\_\_\_.  
Cell division (mitosis) out of control.

<p>What is cancer? Please demonstrate with the cell below.</p> 	<p>Please decorate the person below with accessories and poor habits that may increase his chances of getting cancer.</p> 
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- A few things that may help you avoid cancer.
- Don't \_\_\_\_\_ or chew
  - Avoid \_\_\_\_\_ exposure (skin cancer)
  - \_\_\_\_\_ daily
  - Eat healthy
  - Don't drink excessive \_\_\_\_\_
  - Avoid radiation / energy exposure
  - Avoid unprotected sex (\_\_\_\_\_ virus)
  - Get regular checks up with your doctor

- Avoid UV Exposure by...
- Don't use \_\_\_\_\_ beds.
  - Don't sun bathe.
  - Avoid sun during \_\_\_\_\_ hours.
  - Seek Shade.
  - Wear large hats.

Protect skin with clothing.  
And use \_\_\_\_\_



What is this mom doing correctly to avoid UV exposure?

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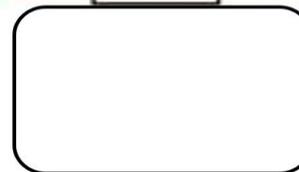
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What are the ABCDE's of Skin Cancer? The E is \_\_\_\_\_

**Part 3 Lesson 2-5 Cancer and Smoking**

What are some of the chemicals in these? Do most people know this? If so, then why do they smoke?



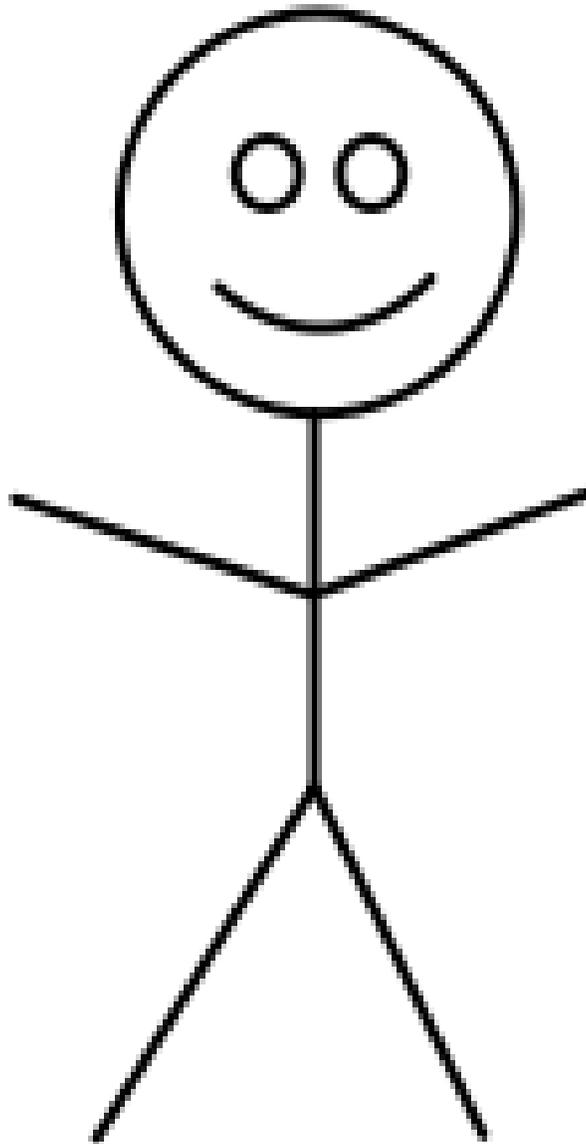
Please list at least three statistics associated with smoking?

1.) \_\_\_\_\_

2.) \_\_\_\_\_

3.) \_\_\_\_\_

Please decorate the stick figure below with some of the health and other effects that smoking can give you.



Please write a reflection or reaction to a video/ad. Please also record its general effectiveness to prevent you from becoming a smoker on a 1-10 scale. 10 = very effective while 1 is ineffective.

Name of Video/Ad: \_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

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Name of Video/Ad: \_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

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Name of Video/Ad: \_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

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Name of Video/Ad: \_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

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Name of Video/Ad:\_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

Blank lined area for writing.

Name of Video/Ad:\_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

Blank lined area for writing.

Name of Video/Ad:\_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

Blank lined area for writing.

Name of Video/Ad:\_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

Blank lined area for writing.

Name of Video/Ad:\_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

Blank lined area for writing.

Name of Video/Ad: \_\_\_\_\_ Rating 1,2,3,4,5,6,7,8,9,10 Why?

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Which single add watched was most effective to get you to not smoke? Why?

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Which was least effective? Why?

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Are people aware that smoking causes so many health problems?

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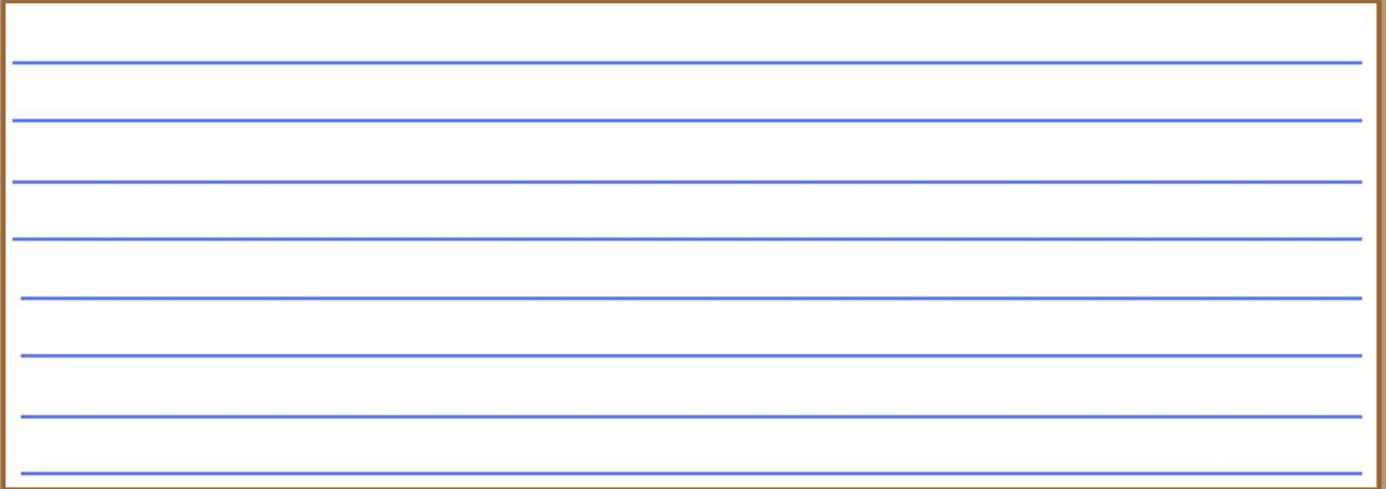
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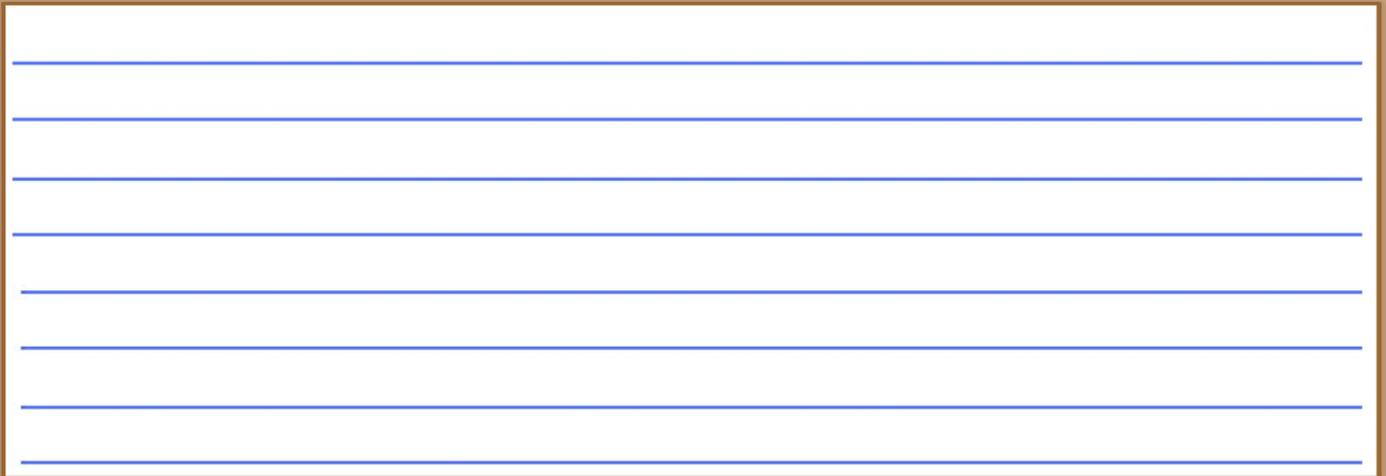
Why do so many smoke?



Did the teacher take it too far or not far enough? Explain



Campaign Ideas – Notes, Research,



Part 3 Lesson 6 Vaping Dangers  
e-Cigarettes, Vaping, JUULING

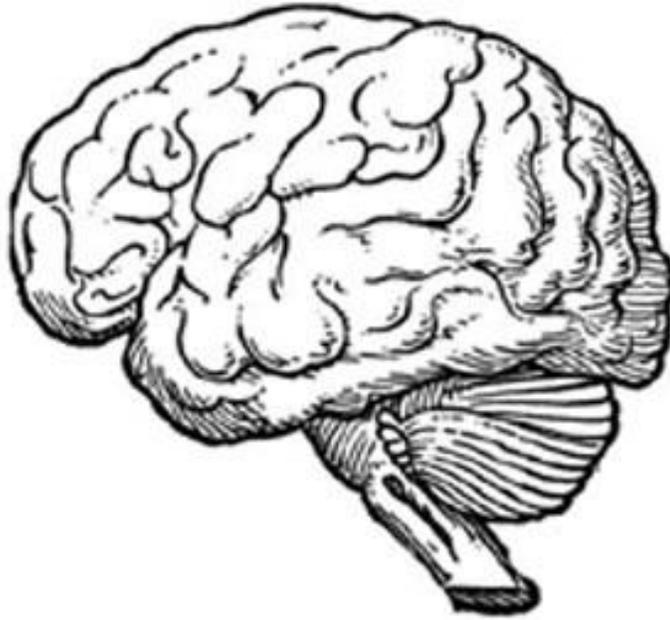
Please provide some info about the devices below.



In the lesson I referred to many of the devices as DDD's. Is this accurate? Explain below.  
Please list some safety concerns associated with vaping in the vape cloud below.



The teenage brain is at an important developmental period. What are some problems that could arise from a nicotine addiction?



Do e-cigarettes, vaping, JUULing improve your life? Explain.

A large rectangular area with a brown border, containing ten horizontal blue lines for writing.

Rubric for the Anti-Smoking / Vaping Campaign Project

<b>Creativity</b>	<b>Acting</b>	<b>Information</b>	<b>Organization</b>	<b>On-Task</b>
Creative approach to project / presentation. Excellent storyline that holds attention or other  20pts	Very strong job acting, clearly lines were memorized and performance was well rehearsed or every detail and project covered well.  20pts	All parts of skit / song were mentioned with the correct info about tobacco dangers.  20pts	The skit or project was easy to follow and understand,  20pts	Very well behaved during other presentations + Asks good questions.  20pts
Approach to project was not very creative or original  15pts	Student mostly read from note cards and made a small attempt to act. Some silliness and stops in performance  15pts	Missing parts of the information for the skit, but some of the basics are covered  15pts	Could understand most aspects of project / skit but got lost a few times as to what was happening or discussed. 15pts	Had to be looked at once during presentations to change behaviors  15pts
No real information found in the presentation.  10pts	Just reading with very little to no emotion / excitement  10pts	Covered only a few parts of the topic  10pts	Confused from the beginning to the end, where are we, what is this, what happened.  10pts	Had to be talked to once to change behaviors  10pts
No Skit, a decline  0pts	None, or inappropriate  0pts	Little to nothing, what did you do again.  0pts	No Presentation, why didn't you use your class time better  0pts	Had to be looked at or talked to more than once.  0pts

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Grade: \_\_\_\_\_

# Part 3 Review Game #2

Name \_\_\_\_\_

1-20 = 5 pts

**Review Game**

\*20-\*25 \* = Bonus + 1 pt,

(Secretly write owl in correct space +1 pt)

Score \_\_\_\_ / 100

Final Question = 5 pt wager

SEEK SHADE	NOT WORTH IT	BAD IDEA	PLEASE RECONSIDER	LOST TOO SOON Bonus round 1 pt each
1)	6)	11)	16)	*21)
2)	7)	12)	17)	*22)
3)	8)	13)	18)	*23)
4)	9)	14)	19)	*24)
5)	10)	15)	20)	*25)

Final Question Wager \_\_\_\_/5 Answer: \_\_\_\_\_

# Part 3 Cancer, Anti-Tobacco

Name: \_\_\_\_\_

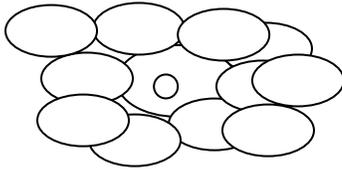
Final Question Wager \_\_\_\_/5 Answer: Epiglottis

Copyright 2021 Ryan Murphy

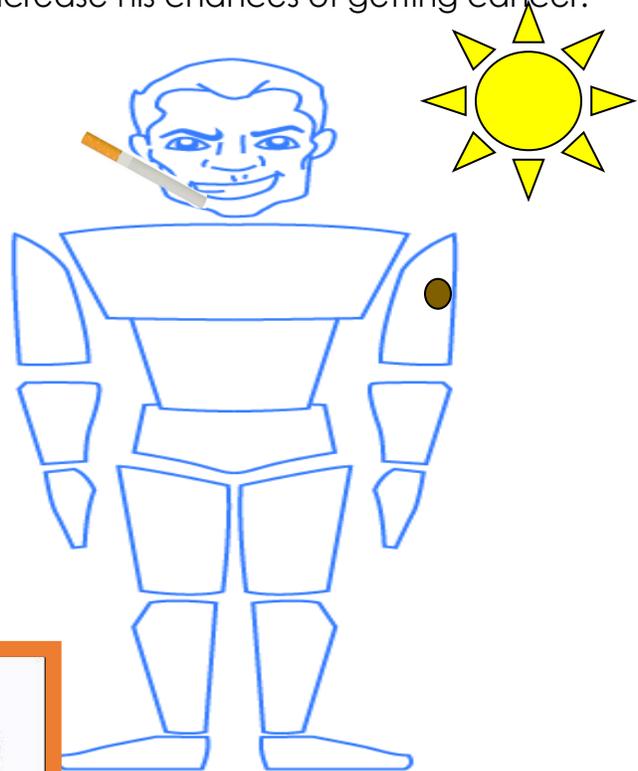
## Part 3 Lesson 1 Cancer and Skin Cancer

Cancer is: Uncontrolled, unregulated cell growth and reproduction.  
Cell division (mitosis) out of control.

What is cancer? Please demonstrate with the cell below.



Please decorate the person below with accessories and poor habits that may increase his chances of getting cancer.



A few things that  
Don't

- Avoid UV exposure (skin cancer)
- Exercise daily
- Eat healthy
- Don't drink excessive alcohol
- Avoid radiation / energy exposure
- Avoid unprotected sex (HPV virus)
- Get regular checks up with your doctor

Avoid UV Exposure by...  
Don't use tanning beds.  
Don't sun bathe.

Avoid sun during **peak** hours.  
Seek Shade.  
Wear large hats.  
Protect skin with clothing.  
And use **sunscreen**.



What is this mom doing correctly to avoid UV exposure?

She is wearing a large hat and so are her children. They are all wearing protective clothing. Probably using sunscreen as well.

What are the ABCDE's of Skin Cancer? **The E is Elevation above skin.**

<b>A</b> 	<b>B</b> 	<b>C</b> 	<b>D</b> 
Asymmetry	Border irregularity	Color	Diameter

### Part 3 Lesson 2-5 Cancer and Smoking

What are some of the chemicals in these? Do most people know this? If so, then why do they smoke?



Some chemicals:

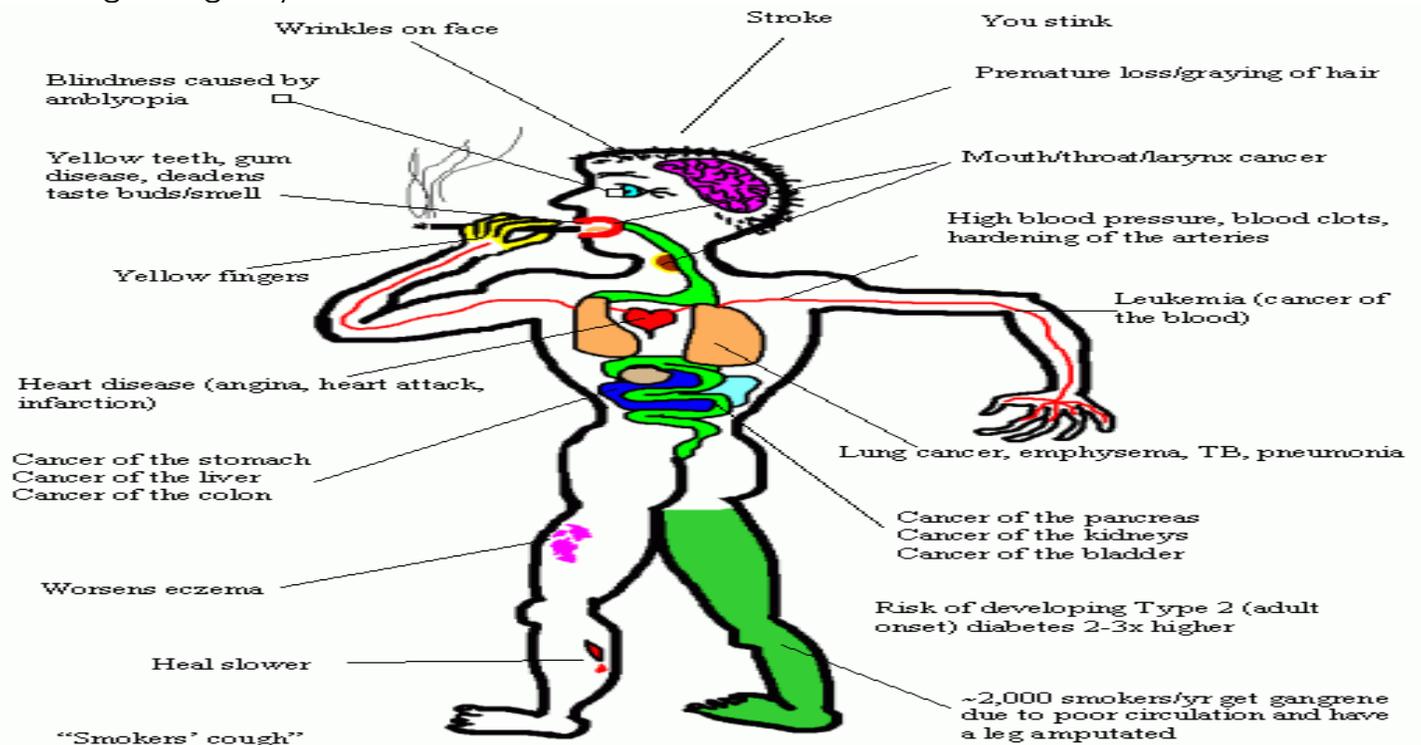
- Arsenic
- Acetone
- Butane
- Lead
- Many more—etc.

Some people know this, some people do not. Even if they do know, they continue to smoke because they are addicted to the nicotine in the cigarette.

Please list at least three statistics associated with smoking.

- 1.) There are more than 400,000 smoking-related deaths in the U.S. each year
- 2.) According to the World Health Organization (WHO), tobacco-related disease is the single largest preventable cause of death in the world today.
- 3.) 12,000 + U.S. citizens a day die from smoking-related deaths.

Please decorate the stick figure below with some of the health and other effects that smoking can give you.



Please visit at least two ads / videos in each of the four categories below. Please write a reflection or reaction to the video. Please also record its general effectiveness to prevent you from becoming a smoker on a 1-10 scale. 10 = very effective while 1 is ineffective.

<p>Emotional Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Emotional Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Humor Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>
<p>Graphic Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Graphic Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Humor Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>
<p>Reality Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Reality Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>( ) Video</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>

<p>Student Choice</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Student Choice</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>	<p>Student Choice</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p>1,2,3,4,5,6,7,8,9,10</p>
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Which single ad watched was most effective to get you to not smoke? Why?

Answers will vary

Which was least effective? Why?

Answers will vary

Are people aware that smoking causes so many health problems?

People may be aware of the health risks associated with smoking, however, addiction is tough to beat, and glamorized ads only contribute to the problem.

Why do so many smoke?

There are several contributing reasons:

- Ads make it seem fun, cool, glamorous
- Follow parent's example
- People don't see the reality of smoking
- They started smoking at a young age
- Nicotine is addictive, and addictions are hard to break

Did the teacher take it too far or not far enough? Explain

Answers will vary

Please provide some info about the devices below.

E-liquid (the mixture used in vapor products) generally consists of propylene glycol, glycerin, water, nicotine, and flavorings.

DDD--> Drug Delivery Device



This is a regular pen!

NOT a Drug Delivery Device

This is a JUUL

Most e-cigarettes have 4 components:

- a cartridge/reservoir, which holds
- A heating element (atomizer)
- Power source (battery)
- Mouthpiece

DDD--> Drug Delivery Device



DDD--> Drug Delivery Device



10 puffs of a JUUL= 1 cigarette, and 1 JUUL pod= a pack of cigarettes.

In the lesson I referred to many of the devices as DDD's. Is this accurate? Explain below.

These devices are DDD's. They deliver nicotine, the drug, to your system. The devices are a nice stepping stone to smoking cigarettes because once you are addicted to nicotine, cigarettes are another method of feeding the addiction.

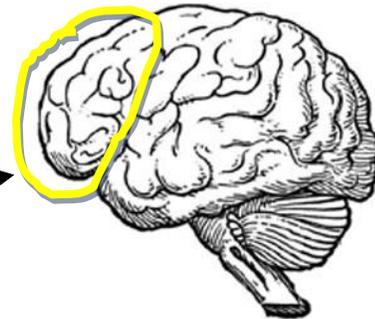
Please list some safety concerns associated with vaping in the vape cloud below.

- Contain toxins. Fruit flavors are most dangerous.
- Contain VOC's (Volatile Organic Compounds)
- Toxic metals have been found in liquids/vapors
- Nicotine is a drug that leads to addiction
- We don't know the long term effects of vaping

The teenage brain is at an important developmental period. What are some problems that could arise from a nicotine addiction?

Nicotine can change how synapses are formed. Younger people are more at risk for addiction. Nicotine can prime the brain for addiction to other drugs. The batteries in the DDD can explode, leading to harmful consequences...

Frontal lobe (responsible for decision-making, impulse control) not fully developed yet.



Do e-cigarettes, vaping, JUULing improve your life? E

No. E-cigarettes encourage nicotine addictions and we don't know the long-term effects of what vaping can do to the body.

**Part 3 Lesson 7 Rubric for the Anti-Smoking / Vaping Campaign Project**

<b>Creativity</b>	<b>Acting</b>	<b>Information</b>	<b>Organization</b>	<b>On-Task</b>
Creative approach to project / presentation. Excellent storyline that holds attention or other  20pts	Very strong job acting, clearly lines were memorized and performance was well rehearsed or every detail and project covered well.  20pts	All parts of skit / song were mentioned with the correct info about tobacco dangers.  20pts	The skit or project was easy to follow and understand,  20pts	Very well behaved during other presentations + Asks good questions.  20pts
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No Skit, a decline  0pts	None, or inappropriate  0pts	Little to nothing, what did you do again.  0pts	No Presentation, why didn't you use your class time better  0pts	Had to be looked at or talked to more than once.  0pts

Comments: \_\_\_\_\_

\_\_\_\_\_

Grade: \_\_\_\_\_

# Part 7 Review Game

Name \_\_\_\_\_

1-20 = 5 pts **Lesson 14 Review Game**

\*20-\*25 \* = Bonus + 1 pt,

(Secretly write owl in correct space +1 pt)

Score \_\_\_\_ / 100

Final Question = 5 pt wager

SEEK SHADE	NOT WORTH IT	BAD IDEA	PLEASE RECONSIDER	LOST TOO SOON Bonus round 1 pt each
1) Don't smoke	6) The filter. They don't work!	11) - Wrinkles on face - Yellow fingers - Cancer - Yellow teeth - High blood pressure - Blindness - Etc.	16) Emphysema	*21) B: Johnny Carson
2) C because: asymmetrical, border irregularities, color, elevation	7) A: over 5 million people a year	12) Lung cancer	17) A: Buerger's Disease	*22) Walt Disney

3) Use tanning beds	8) Blood pressure, heart rate	13) Pregnancy	18) Tongue	*23) Lucille Ball
4) - Don't smoke - Don't drink excessive alcohol - Eat healthy - Get doctor check-ups - Exercise daily - Avoid unprotected sex (HPV) - Avoid radiation exposure - Avoid UV exposure (don't tan)	9) A: nitrosamines	14) Secondhand smoke	19) Chewing tobacco	*24) Babe Ruth
5) Bananas	10) DNA	15) Laryngectomy	20) Popcorn lung	*25) Dean Martin, Sammy Davis Jr., Frank Sinatra

Final Question Wager \_\_\_\_/5 Answer: C: 20 cigarettes (a pack).

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